

YAY, WE'RE ON VACATION!

Music	Petra van de Weerd and Maartje Knoop
Arrangement	Ton Vennix
Dance	Maria Speth, Petra van de Weerd and Maartje Knoop,
Time	6/8
Prelude	4 bars
Formation	free use of space
Equipment	visual materials regarding the sea and the beach
Target Group	suggested 4 to 8 years

Explanation

- In this dance we discover all of the experiences that our feet can have at a sandy beach. They walk over hot sand or over shells. They jump over waves and they try to avoid goopy jelly fish.
- There are four stanzas so you may wish to divide this dance into 2 lessons at least, particularly for the younger dancers.
- The music and text of the song provide the momentum and indicate the accents. The teacher should join in the dance and the singing to emphasize motion and changes.

Dance Exploration

- Do not assume that each pupil has been to a sandy beach. Introduce this theme with pictures and allow those with the experience to share their memories of being at the beach.
- **1st couplet:** walk along a sandy beach. Pull your feet up high and move with quick, light steps to avoid touching the hot sand too long with each foot. Support this motion with the help of samba balls (maracas). On the signal (drum) jump into the sea or a pool of water to cool your feet off! Encourage the pupils to move randomly in a crisscross pattern through the space.
- **2nd couplet:** jump over waves. Making big jumps forwards, backwards and sideways. Jump with two feet at the same time or from one foot to the other. On the signal (drum) make a huge jump. Use a sea drum in which the beads offer a water wave sound for the signal.
- **3rd couplet:** creep carefully over the sharp seashells. Move on your toes, your heels or on the sides of your feet. Move slowly and place your feet gingerly between the sharp pieces. Accompany this with a wooden rasp. On a signal (cups) make a big leap onto a soft beach towel!
- **4th couplet:** sometimes you will see many jelly fish on the sandy beach. Don't step on them! Navigate your way between and around them. Making circles and turns, walking forwards, backwards or jumping over the jelly fish to find your way. On the signal (drum) make a huge jump over a jelly fish.

Dance Structure

Bars

A a
1 - 8 the pupils skip around singing

B b1
1 - 6 walk on the hot sand with small light steps
7 - 8 jump high into a pool of water and stand still cooling
your feet
9 - 16 repeat bars 1 - 8 from b1

Bars

interlude
1 - 4 the pupils stand ready in position

A a
1 - 8 repeat a

B b2
1 - 6 Jump in the waves in all sorts of ways. Forwards,
backwards etc
7 - 8 jump over a huge wave and stand still
9 - 16 repeat bars 1 - 8 from b2

interlude
1 - 4 the pupils stand ready in position

A a
1 - 8 repeat a

B b3
1 - 6 tip toe very carefully over the shells, on your toes,
on your heels or on the sides of your feet
7 - 8 make a huge leap onto your soft beach towel and
stand still
9 - 16 repeat bars 1 - 8 from b3

interlude
1 - 4 the pupils stand ready in position

A a
1 - 8 repeat a

B b4
1 - 6 move in small circles and turns around the jellyfish that
are lying all over the sandy beach
7 - 8 make a huge jump over a jellyfish (forwards or backwards)
9 - 16 repeat bars 1 - 8 from b4

interlude

1 - 4 the pupils stand ready in position

A

1 - 8 repeat a

coda

9 - 12 the pupils jump up and down with joy

Tip

This dance can be enhanced with the use of natural materials such as sand and shells as illustrative examples and as instruments.

prelude (interlude)

Yay, it is va- ca- tion! We're go- ing to the beach My
feet love wal-king in the sea So happy here are we! My
feet, my feet they're wal- king, they're wal- king
on the sand, ma- king turns Oh no... it burns!

Lyrics

Refrain

a Yay, it is vacation!
We're going to the beach
My feet love walking in the sea
So happy here are we!



b1 My feet, my feet
they're walking, they're walking
on the sand, making turns
Oh no... it burns!

2x

b2 My feet, my feet
They're jumping, they're jumping
Over the waves so very high
Oh no... oh my!



2x

b3 My feet, my feet
They tip toe, they tip toe
On the shells, crack, crack, crack,
Oh no... they snap!

2x

b4 My feet, my feet
They're sliding, they're sliding
Jiggly jellyfish all about,
Oh no... watch out!



2x

