

## ROSIE RIBBON

Music	Ton Vennix
Dance	Maria Speth
Time	3/4
Prelude	none
Formation	free use of space
Equipment	ribbons in different colors: $\pm$ 2 cm/1-inch-wide and 1 meter/1 yard long, one for each pupil
Target group	suggested 4 to 8 years

### ***Explanation***

- Rosie Ribbon is your friend and you want to show the whole room to her. She is actually a ribbon with a face drawn onto one end. She is approximately 2 cm/1 inch wide and 1 meter/ 1 yard long. In the beginning she is a bit shy so she remains folded up inside your hand. While dancing through the room she is starting to feel more confident as she begins to unfold little by little. In the end she is so happy and confident that she dares to whirl gracefully throughout the space.
- The accent in Rosie ribbon is on the awareness of one's own body and its orientation in space. Focus upon flowing motions; both on the spot as well as throughout the entire room.

### ***Dance Exploration***

- Tell the pupils a story while holding a Rosie Ribbon folded up in your hand. In this way the pupils see how you move with her. Then ask the pupils if they also want a friend to dance with and commence the dance.
- Without the music let Rosie touch different parts of the body e.g. head, shoulder, knee, ear, etc. Let your hand dance around you: make as much use of the space around you as possible without actually moving from your spot. Sometimes the movements will be very slow because Rosie wants to take a good look at everything around her. Sometimes she will move fast, for example when she is trying to move through the wind. She may even alternate slow and fast motions such as when she travels on a roller coaster; climbing slowly and then whooshing down very fast.

- The pupils can then show the whole room to Rosie by themselves. How can they show that? In various ways like high on their toe tops, or soft and silently, straight across the room, careful tiptoes step by step, rapidly back and forth through the room, and so on. The pupils greet the 'Rosies' of the other pupils. Bowing to each other; who can create the most elegant bow? Waving across the space; which Rosie can make the largest wave?
- While listening to the music, allow the pupils to gently rock to the beat promoting musical awareness.
- Now it is time to dance! Unroll the ribbon and let it flutter and sway from high to low, wriggling back and forth or twirling in circles (use the music in this section). The teacher leads the movements initially and pupils follow. Make sure you let Rosie dance both with your right and your left hand.
- After a while let the pupils dance in pairs. Let one lead while the other follows and then switch roles.
- When the dance is finished Rosie is rolled up and put back into her little box.

