



All Hands-on Deck I and II

Music	Rob van den Berg (nr I) and trad. English (nr II)
Arrangement	Rob van den Berg
Dance	Maria Speth
Time	version I: 3/4 and version II: 4/4
Intro	version I: 4 bars and version II: crescendo (contrabass)
Formation	(half) circle
Target group	suggested 4 – 8 years (version I) and 8 – 12 years (version II)

Background Information

- All hands-on deck. We're sailin'. There is always so much work to do on a ship, but if we each roll up our sleeves it'll soon be done!
- These are sitting dances, intended as pleasurable closing to your lesson, or as fun coordination practice.
- There are two musical versions: All Hands I for the youngest groups and All Hands II for the older groups.
- The music from version I is repeated 3 times. The second time it is played in a slower tempo with faster tempo in the B-section (accelerando), a transition from slow to fast. It is played in a fast tempo the 3rd time.
- The music of version II is repeated 5 times with a faster tempo each time.

Dance Exploration

- Discuss with the pupils the chores for the sailors/pirates on the ship. Think of everyday routine chores: steering the ship, looking through the binoculars, raising the sail, scrubbing the deck, etc. Choose a few of these and set them after each other fitting in the measure of the music.
- The moves need to be adjusted as the tempo of the music changes. Slow movements can be much larger, whereas fast movements will be smaller. Give the pupils a motive for motion... even if the moves suddenly slow down or speed up. Why does someone make slow movements? Perhaps because they are very tired or cautious. And, what could the reasons be for quick movement? Are you in a hurry?
- Involve the pupils in the creation of movements for this dance. There is an endless variation of choices to be imagined. It is valuable to choose simple movements for the younger pupils. Do not use too many different explanations all at once. You may wish to limit the dance to 4 different movements when working with the younger pupils; two in the A-section and two in the B-section.



Dance Structure for version I (with movement suggestions as examples)

Bars

Intro

1 – 4 the pupils sit in a (half) circle, ready for departure

A

1 – 8 we are going to row move forwards and backwards

9 – 16 searching through the binoculars from left to right

B

1 – 8 we polish the deck, move forwards and sideways

9 – 16 raising the sails: pulling motions with both hands, alternating from high to low

Dance Structure for version II (with movement suggestions as examples)

Bars

Intro

Crescendo the pupils sit in a (half) circle, ready for departure

A

Intro

Open the pupils sit ready in a (half) circle

1 In the boat, balancing from the right hip to the left hip

2 a rowing action forwards/backwards (2X)

3 scrubbing the deck, right and left

4 searching for thieves on the coast

B

1 raising the sails: pulling motions with both hands, alternating from high to low

2 we indulge in two greasy, delicious chicken legs, one per hand

3 two good sips of slog to wash down the chicken

4 to work:??

Tips

- this dance is perfect to close the dance Captain Clip-Clop. What chores do the pirates occupy themselves with? Searching for treasure, reading the treasure map or digging? But perhaps also: swimming lessons for pirates....

